

Mean Mothers Overcoming The Legacy Of Hurt

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Peg Streep, co-author of the highly acclaimed *Girl in the Mirror*, has subtitled this important, eye-opening exploration of the darker side of maternal behavior, “Overcoming the Legacy of Hurt.” There are no psychopathic child

abusers in Mean Mothers.

8/8/2011 · Being 'mean' to the point of damaging your child cannot occur without a mental illness. These mean mothers and their problems that are thrust upon their child throughout life are not normal. Even a mother who has bouts of lacking confidence, frustration, insecurity, etc would NOT be 'mean...

Seen from that point of view, one of the lasting and important legacies of a mean mother is a wellspring of self-doubt. The other, explained by adaptive behavior, is a need to replicate the relationship she has to her mother with other people, regardless of how unhappy it makes her.” ? Peg Streep, Mean

Mothers: Overcoming the Legacy of Hurt

13/10/2009 · Drawn from research and the real-life experiences of adult daughters, *Mean Mothers* illuminates one of the last cultural taboos: what happens when a woman does not or cannot love her own daughter. Peg Streep, co-author of the highly acclaimed *Girl in the Mirror*, has subtitled this important, eye-opening exploration of the darker side of maternal behavior, “Overcoming the Legacy of Hurt.”

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She has written or co-authored thirteen books, among them *Mean Mothers: Overcoming the Legacy of Hurt* (William Morrow) and *Quitting—Why We Fear It and Why We*

Shouldn't—In Life, Love, and ...

1/12/2009 · But Mean Mothers is also a narrative of hope, recounting how daughters can get past the legacy of hurt to become whole within and to become loving mothers to the next generation of daughters. The personal stories of unloved daughters and sons and those of the author herself, are both unflinching and moving, and bring this most difficult of subjects to life.

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